



# REGULATION\*

## EUROMETROPOLE MASTERS 2026

*Saturday 24 and Sunday 25 January  
2026*

*Mouvaux (Lille Métropole, FRANCE)*

*\* subject to change, see version date at the bottom of the page*

### SETTING, SCHEDULES AND TYPE OF COMPETITION

#### FRAMEWORK OF THE COMPETITION

The Eurometropole Masters will take place at the Espace Multisports Jean Richmond, inaugurated in March 2013, in Mouvaux (59420), 2 place du cœur de Ville.

The sports field of about 1125m<sup>2</sup> will allow the establishment of 7 competition surfaces. The dance room upstairs will open up a warm-up area of more than 200 m<sup>2</sup>.

#### TIMETABLES

- Saturday: start of the competition 9 am, provisional end 6 pm
- Sunday: start of the competition 9 am, provisional end 2 pm

The schedules may vary depending on the number of competitors registered.

#### TYPE OF COMPETITION

International Open Individual Competition for Veterans.

Super Excellence label of France Judo since the 2025 edition.



## COMMITMENT

The amount of the commitment is set at €25. No registration will be taken after January 20, 2026, no registration on site on the day of the competition. No registration can be refunded. However, any medically justified package before 20/01/2026, by post or email, will result in free registration for the next edition.

### Online registration:

Online registration is mandatory, via the website of the Northern Judo Committee and the Helloasso application. Registration on the federal extranet will be done by the organization.

Registration will only be considered final upon receipt of payment.

## SPORTING REGULATIONS

General Regulations: The sporting regulations are, in essence, those of the International Judo Federation. Some specificities have been added, depending either on the rules of France Judo, or on the rules specific to the organizer.

### 1. Conditions of participation

Each federation affiliated to the International Judo Federation can register as many athletes as it wishes through its clubs, as long as the conditions of entry are met. An athlete can only compete in one weight class and one age category. However, groupings may be decided by the organizer, depending on the number of participants.

Fighters must have at least two years of licenses and hold at least a Green Belt on the day of the competition.

Each judoka competes in his age category, determined by his year of birth.

Fighters with dual nationality will only be able to represent one country.

Fighters who have participated in an official IJF international competition (excluding Masters) during the 2 previous seasons will not be able to participate.

### 2. Age and duration of the fights



| Age as of 31/12/2026 | Wives | Men | Year of birth (see examples) | Duration of Fighting | Duration of the Golden Score |
|----------------------|-------|-----|------------------------------|----------------------|------------------------------|
| 30-34                | F1    | M1  | 1996 - 1992                  | 3 min                | No limit                     |
| 35-39                | F2    | M2  | 1991 - 1987                  | 3 min                | No limit                     |
| 40-44                | F3    | M3  | 1986 – 1982                  | 3 min                | No limit                     |
| 45-49                | F4    | M4  | 1981 - 1977                  | 3 min                | No limit                     |
| 50-54                | F5    | M5  | 1976 - 1972                  | 3 min                | No limit                     |
| 55-59                | F6    | M6  | 1971 - 1967                  | 3 min                | No limit                     |
| 60-64                | F7    | M7  | 1966 - 1962                  | 2min30               | 1 min (No Chokes)            |
| 65-69                | F8    | M8  | 1961 - 1957                  | 2min30               | 1 min (No Chokes)            |
| 70-plus              | F9    | M9  | 1956 and before              | 2min 30              | 1 min (No Chokes)            |

Examples:

- Fighters no longer have to be 30 years old on the day of the competition: *an athlete born on 31/12/1996 can participate in the 2026 edition; he/she will be M1 (or F1)*
- It is the calendar year that counts, not the birthday : *an athlete born on 31/12/1991 will be registered in the M2 (or F2) category, even if he or she is 34 years old on 24/01/2026.*

### 3. Weight Classes

Wives

-48 kg; -52 kg; -57 kg; -63 kg; -70 kg; -78 kg; +78 kg

Men

-60 kg; -66 kg; -73 kg; -81 kg; -90 kg; -100 kg; +100 kg

Possible groupings: see 6. Competition Formula

### 4. Outfits

- Judogis:

Blue judogis are accepted and even encouraged, to replace the red belt.  
Any brand is allowed, as long as the judogi respects the dress standards.  
Please note: judogi checks will be carried out.

- Bibs:

If the organizer distributes sponsor bibs to the athletes, they will be given with the accreditation and must be worn during the competition. The official IJF or UEJ bibs will be able to remain on the judogi, these bibs being stuck on it.

- Rings

Judokas are asked to remove their rings, including their wedding rings. In case of non-compliance, HANSOKU MAKE.



## 5. Competition Formula

- 2 fighters: two-legged fight and possibly final in case of a tie.
- From 3 to 5 fighters: pool
- 6 fighters: 2 pools of 3, the first two of each pool qualified for the semi-finals
- 7 fighters: 1 pool of 4 and 1 pool of 3, the first two of each pool qualified for the semi-finals
- From 8 fighters: double repechage draw
- For 1, 2 or 3 athletes: the organization reserves the right to make consistent groupings of age categories and/or weights, giving preference to those by the closest age category

## 6. Order of Categories

The order of passage of the age categories is likely to change according to registrations.

The schedules will be given to the athletes, according to their category:

- **Saturday 24 January:**
  - 9:00 am: M4
  - 10:30 a.m.: M3
  - 12:00 p.m.: M2
  - 1:30 p.m.: M1
  - 3:00 p.m.: All women (F1 to F9)
- **Sunday 25 January:**
  - 9:00 am: M5 and M6
  - 11 a.m.: M7 to M9

## 7. Golden score rules

The Golden score will be used in the event of a tie. It will be unlimited for categories F1/M1 to F6/M6. The maximum duration will be 1 minute for categories F7/M7 to F9/M9.

## 8. Grade/championship relationship

The grade-championship relationship will be applied, in accordance with the official federal texts (CF " *Regulations of leisure competitions* ").

- For fighters of the Hauts-de-France League, points may be scored on site, if the regional representative of the Regional Organizing Committee of Grades (CORG) agrees.



- For French fighters in leagues outside Hauts-de-France, the managers of the Regional Organizing Committees of Grades (CORG) will contact the FFJDA website, to extract the results tables as soon as they are published, for the validation of points.
- For foreigners, the officials of the Ranks Organizing Committee of the country concerned will approach the FFJDA website, to extract the results tables as soon as they are published to validate the points, if their federation authorizes it.

### WEIGHING AND CHECKS

- Reminder: no registration, no weigh-in on the day!
- Weighing times:
  - For the categories that **fight on Saturday** : Weigh-in on **Friday from 6 p.m. to 9 p.m.** at the Jean Richmond space in Mouvaux.
  - For the categories that **fight on Sunday** : Weigh-in on **Saturday from 4 p.m. to 6 p.m.** at the Jean Richmond space in Mouvaux.
  - It will be imperative to respect the time slots of the weighing.
- **No weight tolerance**
- Documents to be presented for inspection:
  - For the French, the same conditions are required in the context of France Judo (identity document (passport or identity card, no driver's license), passport with 2 license stamps including the one for the current season and medical certificate less than one year old, authorizing the practice of judo in competition)
  - For foreigners: they must bring any proof to demonstrate that they are in good standing with their Federation affiliated to the International Judo Federation, that they have at least two years of practice, that they are at least green belts and that they are medically fit for competition; in the absence of a medical certificate, they will fight under their own personal responsibility
  - No fighter will be allowed to participate if he cannot prove that he belongs to a club affiliated to his Federation, which is itself affiliated to the International Federation (UEJ or IJF).
  - Insurance: Each fighter is required to take out civil liability and bodily injury insurance himself, if he has not already taken it out as part of

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his Federation, either through his affiliated club or through the federal license-insurance. The organizers decline all responsibility

- Image rights, insurance, medical certificate and payment: The agreement is only made online at the time of registration; Please tick the box that is equivalent to signature, otherwise the athlete will not be able to participate.



## **CERTIFICATE OF IMAGE RIGHTS, INSURANCE, MEDICAL CERTIFICATE AND REGULATIONS**

### **IMAGE RIGHTS:**

During events organised by the Northern Judo Committee or by its Masters Commission, the image and voice of the participants may be captured by any video means as part of the competitions and related activities. The signatory of this form authorises the Northern Judo Committee and its Masters Commission to capture images and voices and to use and disseminate, for the promotion of the discipline practiced, the images and voice thus captured, on any audiovisual communication medium whatsoever and in particular: website of the Northern Judo Committee or its Masters Commission, Video broadcasts, sports news, judo TV, social networks. This authorization is granted for the promotion of the Northern Judo Committee and its Masters Commission free of charge for a period of 70 years and is valid for the whole world.

### **INSURANCE AND MEDICAL CERTIFICATE:**

For the French, the signatory certifies that he is licensed with the FFJDA, insured and in possession of a medical certificate attesting that there are no contraindications to the practice of Judo, including in competition for the 2025/2026 season.

For foreigners, the signatory certifies that he or she is licensed by the national federation of his or her country of origin, insured and in possession of a medical certificate attesting that there are no contraindications to the practice of judo, including in competition, for the 2025/2026 season.

### **REGULATION:**

The signatory certifies that he/she has read the rules of the EUROMETROPOLE MASTERS Judo competition in their entirety, via the website: <http://www.comitenordjudo.fr>



## ACCREDITATIONS, COACHING, AWARDS AND MEDALS

### Accreditations, coaching

- Each competitor will be given an accreditation, during the weigh-in, the day before the competition.
- Accreditation will be required during the competition, to access the warm-up area or, if the name of the fighter is called, the competition area.
- Only one coach will be allowed per athlete in the competition area, he will present himself with the athlete and leave the competition area with the athlete at the end of the fight.
- A coach badge will be given to each fighter at the same time as his competitor accreditation, which he will give to his coach.

### Awards and medals

Prizes (in the form of prizes, no bonuses) for the podium in each category:

- The first 4 in the tables (1st, 2nd and two 3rd), from 6 fighters,
- The first 3 in the context of pools (1st, 2nd and 3rd), between 2 and 5 fighters.

The 4th of the group is then not considered as the second 3rd.

If a fighter is alone in his category, he cannot be rewarded with a prize.

Medals will be awarded in the combined age and weight category